

VOLUNTEER KIT LIST



Essential Documentation

- Passport (with minimum of two blank pages)
- Photocopies of your passport, flight details and credit cards in case the originals are lost or stolen. Please keep these in separate bags from the originals.
- Insurance Documents – Containing policy number and information as well as contact numbers]
- Cash – Rand
- Debit or Credit card for additional cash and back up

Clothing and footwear for fieldwork

Please note that all clothing should be earthy or dark colours such as browns, blacks, dark greens, beige, khaki etc. **White, Yellow and Red are not suitable for the bush.** Temperatures can drop below freezing at night during the winter months May - Sep

- Long-sleeved shirts and combat trousers for fieldwork
- Lightweight waterproof jacket
- Lightweight waterproof trousers (optional)
- Warm Coat (Between May and September)
- Warm clothing for nights i.e. windproof jacket and jumpers
- Wide-brimmed hat for face, neck and head sun protection
- Warm hat, gloves, and a scarf (between May and September)
- Hiking boots (preferably worn in) and hiking socks
- Short sleeved t-shirts in appropriate colour

Please note that thermal clothing is advised between the months of June to September as night time temperatures can drop to below 0°C.

Field supplies

- Binoculars
- Water bottle (at least 1litre)
- First Aid Kit (to include crepe bandages, plasters, antihistamine tablets, scissors, sterile dressing and tape, cold/flu tablets, rehydration sachets, personal medication, paracetamol or other pain medication)
- Penknife

- Insect repellent
- Sunscreen
- Sunglasses
- Lip Salve
- Flashlight, torch or headlamp with extra batteries and bulb
- Daypack to fit water, camera, binoculars, extra layer, headlamp, first aid kit and sunscreen
- Workbook and pens
- Camera (Optional)

Clothing and footwear for Leisure

- Loose clothing for hot summer days
- Long-sleeved lightweight top for sun protection
- Shorts and T-shirts
- Underwear and socks
- Comfortable shoes for wearing around the camp
- Swimwear (optional)

Bedding and Bathing * pillow and sheets are provided

- Sleeping Bag (three seasons is advised)
- Towel
- Toiletries
- Mosquito net (Optional)
- Pyjamas

Electrical Kit

- Phone
- Phone Charger
- 16GB + Pen drive
 - To collected pictures, videos and project information from your time
- South African Adaptor

Additional Kit you need to consider

- Unlocked smart phone
 - At the airport you can get a local sim card (MTN) and buy airtime.
 - Airtime can be converted into data and airtime can be bought in Mogwase or other local shops.
- WhatsApp on your phone
 - This is the main form of communication on the reserve, and allows you to contact home cheaply either via message or call
- Laptop
 - This depending on your length of stay if you are at Mankwe for 2 weeks we have laptops you can use for all purposes there is no need to worry.
 - Two months or more and having your own laptop can be helpful
 - Laptops can be connected to personal hotspots on smart phones giving them internet access and can be used to call home or for research work.
- Bluetooth speakers
- MP3 player or iPod
- Movies
 - We have a projector and whiteboard which we can use to show movies, so any preference please bring DVD's or hard drives with you
- Specific foods you cannot live without
 - Specific Teas and Coffees
 - Snacks for working in the bush
- Thermos
 - Thermos's are very useful for night work and early starts